

Energy and Intuitive Questions

Are you aware when you are engaging in the energy field of this archetype? How do I know when your energy is influencing my thoughts or actions? Record your immediate impressions as having an authentic connection.

Have you ever been aware of dreams in which this archetype has been present? How do you present your energy to me through the dream state?

In what way does having a conscious awareness of this archetype in your psyche empower you? In what ways does your influence enhance my sense of personal power?

Does this archetype in any way disempower you? Do you have a negative influence on my self-esteem or on my behavior or attitudes?

Describe what you consider to be the wisdom that this archetype carries for you. What have I learned lately that comes directly from you?

Can you recall any instances in your life (preferably at least three) in which you have received some form of intuitive guidance that you could associate with this archetype and its role in your Contract? When and where in my life have you communicated with me most directly? (Record your first impressions.)

What fears or challenges do you have that you associate with this archetype? List a minimum of five. What do you make me afraid of?

What strengths or positive qualities do you have that you associate with this archetype? List a minimum of five. What positive characteristics do I have that you enhance and help me with?

Have you ever imagined yourself to be any of the archetypes you have chosen, such as Warrior, King, Slave, Femme Fatale, or Princess?

Apply the perceptions you have gleaned from answering the preceding questions to your memories. Then one at a time work with your memory of the people or event in these scenes within the context of a Contract that you had made for the purpose of spiritual empowerment.

Spiritual Questions

How has and does this archetype influence your spirituality? What is your central contribution to my spiritual development?

What have you come to know about yourself through this archetype, both positively and in terms of your shadow? What are the most important personal lessons that you have taught me?

How would your life be different in the present by acting on spiritual insights from this archetype? What immediate guidance can you give me in this present moment?

Describe, even briefly, how this archetype factors into your Contract. How do you help me work with my agreements and Contract?

Are there any patterns in your life that you would change because of insights regarding your connection with this archetype, such as healing a relationship, or because you can now approach those parts of your past as aspects of your Contract? What is the most immediate personal change connected to your influence that I can make that would best empower me at this point in my life?
